









September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Of course, it would be easier to get to paradise with a full stomach, all snuggled up in a soft feather-bed, but what is required is to carry one's cross along the way, for the kingdom of God is not attained by enduring one or two troubles, but many! Elder Anthony of Optina</p>		<p>1</p> <p>The Church New Year <u>عيد رأس السنة الكنسية</u></p> <p>7.30pm: Choir practice تمرين الجوقة</p>	<p>2+</p> <p>7.30pm: Parish Council Meeting اجتماع مجلس الرعية</p>	<p>3</p>	<p>4+</p> <p>St. Barbara <u>القديسة بربارة</u></p> <p>7.30pm: Religious Discussion محاضرة دينية باللغة العربية</p> 	<p>5</p> <p>6pm: Vespers and Confession صلاة الغروب وإعتراف</p>
<p>6</p>  <p>10.30am: English Divine Liturgy قُدَّاسُ الْهَيْ</p> <p>Father's Day</p>	<p>7 ❖</p> <p>7pm: Nativity of the Theotokos ميلاد سيدتنا والدة الإله</p>	<p>8</p> <p>Nativity of the Theotokos <u>ميلاد سيدتنا والدة الإله</u></p> <p>7.30pm: Choir practice تمرين الجوقة</p>	<p>9+ 🐟</p>	<p>10</p>	<p>11+ 🐟</p>	<p>12</p> <p>6pm: Vespers and Confession <u>صلاة الغروب وإعتراف</u></p> <p>Leave-taking of the Nativity of the Theotokos وداع عيد ميلاد السيدة Theotokos</p>
<p>13.</p>  <p>10.30am: Divine Liturgy قُدَّاسُ الْهَيْ</p> <p>7pm: Elevation of the Cross رفع الصليب المقدس</p>	<p>14+ ❖</p>  <p>← Elevation of the Cross <u>رفع الصليب المقدس</u></p> <p>7pm: Youth Fellowship</p>	<p>15</p> <p>7.30pm: Choir practice تمرين الجوقة</p>	<p>16+ 🐟</p>	<p>17</p> <p>7.30pm: Sunday School Meeting اجتماع مدرسة الأحد</p>	<p>18+ 🐟</p>  <p>School off <u>العطلة المدرسية</u></p> <p>7.30pm: Religious Discussion محاضرة دينية باللغة العربية</p>	<p>19</p> <p>6pm: Vespers and Confession صلاة الغروب وإعتراف</p>
<p>20.</p>  <p>10.30am: Divine Liturgy قُدَّاسُ الْهَيْ</p> <p>Abou-Haidar Luncheon غداء آل أبو حيدر</p>	<p>21 ❖</p>  <p>Leave-taking of the Elevation of the Cross <u>وداع عيد رفع الصليب المقدس</u></p> <p>7pm: Youth Fellowship</p>	<p>22</p> <p>7.30pm: Choir practice تمرين الجوقة</p>	<p>23+</p>	<p>24</p>	<p>25+</p>	<p>26</p> <p>6pm: Vespers and Confession صلاة الغروب وإعتراف</p>
<p>27</p> <p>10.30am: Divine Liturgy قُدَّاسُ الْهَيْ</p>	<p>28 ❖</p>  <p>7pm: Youth Fellowship</p>	<p>29</p> <p>7.30pm: Choir practice تمرين الجوقة</p>	<p>30+</p> <p>7.30pm: Youth Meeting اجتماع الشبيبة</p>	<p>In Paradise of old, the tree stripped me bare, for by the eating thereof, the enemy brought in death. But now the most holy tree of the Cross that doth clothe all men with the garment of life hath been set up on earth, and all of the world is filled with most boundless joy. Seeing it exalted, ye people, now, let us the faithful all cry out with one accord to God in faith: Thy house is full of glory, O Lord. Feast of the Elevation of the Holy Cross - Sessional Hymn of the Canon</p>		